PREPARATION RECOMMENDATIONS AND MATERIAL PARAMETERS FOR ZOLID

The use of Zolid brings a high degree of reliability, esthetics and clinical benefits. The material allows supragingival preparation due to its tooth-like color, thus enabling easier cementation and preparation control. When planning, it is important to distinguish between monolithic and ceramic veneered restorations. The consideration of minimum wall thicknesses, preparation guidelines and the creation of sufficient space for the veneer ceramics in anatomically reduced work have a marked influence on the quality and functionality of the restorations.

DIFFERENT SPATIAL CONDITIONS FOR DIFFERENT INDICATIONS*

CONTRAINDICATIONS
The following preparations are contraindicated for zirconium oxide restorations

*Minimum wall thicknesses are based on bridges from 4 pontics
## Preparations Recommendations and Design Parameters for Zolid

### Design Parameters for Zolid SHT / HT / LT - Up to Max. 3-Pontic Bridges

<table>
<thead>
<tr>
<th>INDICATION</th>
<th>ANTERIOR REGION</th>
<th>POSTERIOR REGION</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Wall thickness (mm)</td>
<td>Connector cross-section (mm²)</td>
</tr>
<tr>
<td></td>
<td>incisal/occlusal</td>
<td>circular</td>
</tr>
<tr>
<td>Single tooth</td>
<td>0.5</td>
<td>0.5</td>
</tr>
<tr>
<td>3-pontic bridges and 1 pontic</td>
<td>0.5</td>
<td>0.5</td>
</tr>
</tbody>
</table>

### Design Parameters for Zolid HT/LT - 4 to 14-Pontic Bridges

<table>
<thead>
<tr>
<th>INDICATION</th>
<th>ANTERIOR REGION</th>
<th>POSTERIOR REGION</th>
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</thead>
<tbody>
<tr>
<td></td>
<td>Wall thickness (mm)</td>
<td>Connector cross-section HT/LT</td>
</tr>
<tr>
<td></td>
<td>incisal/occlusal</td>
<td>circular</td>
</tr>
<tr>
<td>As of a 4-pontic bridge and a maximum of 2 pontics</td>
<td>0.7</td>
<td>0.5</td>
</tr>
<tr>
<td>As of a 4-pontic bridge and a maximum of 3 pontics</td>
<td>0.7</td>
<td>0.5</td>
</tr>
<tr>
<td>Cantilever bridge and one cantilever pontic</td>
<td>1.0</td>
<td>0.7</td>
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</table>

### Designation and Assignment of Zirconia Materials
- SHT = Zolid FX, Zolid FX Multilayer
- HT = Zolid HT+, Zolid HT+ Preshades, Zolid Gen-X
- LT = ZI
PREPARATION

Before each preparation it is important that the dentist and dental technician agree which zirconia is to be used for the subsequent restoration. This ensures that all the correct preparation parameters are complied with for the respective material. The principle of preparation is to remove as little hard tooth substance as possible, but still as much as is required for the material thickness of the restoration. If insufficient tooth substance is available or if the clinical crown height is too low, it is recommended to prepare retention grooves in the stump.

The Zolid Preparation Dent Kit contains preparation tools which are optimally adapted to the Amann Girrbach workflow - from the CAD/CAM milling machine to the zirconias. As a result, the required parameters are easy to implement and perfectly fitting restorations can be achieved. This set was developed in close cooperation between Dr. M. Fischer and MDT B. Votteler.

THE MOST IMPORTANT POINTS AT A GLANCE

- Perfectly matched tools which guarantee process reliability from the preparation through to the final restoration
- The six selected preparation tools allow efficient preparation of anterior and posterior crowns, bridge abutments, partial anterior crowns and veneers
- The clearly arranged preparation set stands for an efficient workflow in everyday routines (preparing, preparation, disinfection)
- Perfectly matched set for the zirconias of the Zolid DNA generation from Amann Girrbach

ORDERING INFORMATION

<table>
<thead>
<tr>
<th>Code</th>
<th>Item Description</th>
<th>Quantity</th>
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</thead>
<tbody>
<tr>
<td>875530</td>
<td>Zolid Preparation Dent-Kit</td>
<td></td>
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<tr>
<td></td>
<td>Delivery include: see image</td>
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<tr>
<td>875531</td>
<td>Diamond Egg Fine</td>
<td>5 pcs.</td>
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<td>875532</td>
<td>Diamond Egg Coarse</td>
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<td>875533</td>
<td>Diamond Torpedo Fine</td>
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<td>875534</td>
<td>Diamond Torpedo Coarse</td>
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<td>875535</td>
<td>Diamond Conical Fine</td>
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</tr>
<tr>
<td>875536</td>
<td>Abrasive Arkansas FG</td>
<td>5 pcs.</td>
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</tbody>
</table>
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

VENEERS AND CROWNS IN THE ANTERIOR REGION

1. Initial situation with pronounced attrition and insufficient fillings in the anterior tooth region
2. Preparation of a mock-up using the silicone key
3. The original length of the anterior teeth is achieved by using the mock-up
4. Separation with coarse torpedo 12 mm (green ringed)
5. Mock-up is separated from the natural tooth
6. Preparation of the crown alignment 12 mm torpedo (green ringed)
7. Reduction palatal with football (green ringed)
8. Fine preparation of the chamfer with torpedo 12 mm (red ringed)

Images and texts: Dr. Michael Fischer, Pfullingen
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

VENEOES AND CROWNS IN THE ANTERIOR REGION

Palatal finish with football (red ringed)

Final smoothing with Eva file (red ringed) or with the Abrasive Arkansas FG of the Zolid Preparation Dent Kit

Check of the final spatial conditions using the silicone key

Final preparation with minimal loss of substance

Occlusal perspective of the final anterior tooth preparation

Occlusal perspective of the final inserted restorations

The incorporated restorations fit harmoniously into the oral situation

Frontal view of the highly esthetic crowns (12-22) and veneers (13/23) made of Zolid

Images and texts: Dr. Michael Fischer, Pfullingen

More information in the video „Zolid Preparation Dent Kit - Preparation of anterior teeth for an all-ceramic restoration“
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

PREMOLAR, MOLAR OF A POSTERIOR BRIDGE

1. Separation of the premolar with interdental wedge / adjacent tooth protection
2. Separation with coarse torpedo 12 mm (green ringed)
3. Occlusal view after separation
4. Pre-preparation 12 mm torpedo (green ringed)
5. Preparation of the crown alignment 45° and fine preparation of the chamfer with torpedo 12 mm (red ringed)
6. Incisal trimming with football (green ringed) for optimal esthetic results
7. Occlusal finish with fine football (red ringed)
8. Final smoothing with Eva file (red ringed) or with the Abrasive Arkansas FG of the Zolid Preparation Dent Kit

Images and texts: Dr. Michael Fischer, Pfullingen
PREPARATION FOR CONVENTIONAL AND ADHESIVE CEMENTATION

PREMOLAR, MOLAR OF A POSTERIOR BRIDGE WITH RETENTION GROOVES FOR SHORT CLINICAL CROWNS

Preparation of the posterior crown with 12 mm torpedo (green ringed)

Fine preparation of the chamfer with torpedo 12 mm (red ringed)

Preparation of the crown alignment 45°

Applying the retention groove with conical roller (red ringed) in particular for short stumps, to ensure optimum retention of the restoration

Occlusal view, preparation visible throughout

Conical retention grooves on the saw model in the laboratory

Crown is already securely fixed to the stump with retention grooves

Images and texts: Dr. Michael Fischer, Pfullingen

TIP
More information in the video „Zolid Preparation Dent Kit – Preparation of posterior teeth for an all-ceramic restoration“
Due to their high strength, zirconia restorations can be attached both adhesively as well as conventionally. A prerequisite for conventional cementation is sufficient retention and a corresponding minimum stump height of 3 mm. Highly translucent zirconia such as Zolid FX benefits from adhesive cementation in particular. Translucent and procolored cementation materials can underline coloring, especially in the anterior region.

<table>
<thead>
<tr>
<th>Processing</th>
<th>Conventional cementation</th>
<th>Adhesive/self-adhesive cementation</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bonding strength</td>
<td>Low effort</td>
<td>High effort</td>
</tr>
<tr>
<td></td>
<td>(Attention: adequate retention shape of the die and minimum stump height of 3 mm must be observed)</td>
<td></td>
</tr>
<tr>
<td>Luting materials*</td>
<td>Zinc oxide phosphate cements</td>
<td>Adhesive cementation:</td>
</tr>
<tr>
<td></td>
<td>Acrylic-reinforced glass ionomer cements</td>
<td>_e.g. PANAVIA™ VS, 21, F 2.0 / Kuraray Noritake</td>
</tr>
<tr>
<td></td>
<td>e.g. Fuji PLUS (EWT) / GC</td>
<td>_e.g. Multilink® Automix / Ivoclar Vivadent</td>
</tr>
<tr>
<td></td>
<td>Glass ionomer cements</td>
<td>Self-adhesive cementation</td>
</tr>
<tr>
<td></td>
<td>e.g. Vivaglass CEM / Ivoclar Vivadent</td>
<td>_e.g. RelyX ™ Unicem / 3M Espe</td>
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<tr>
<td></td>
<td></td>
<td>_e.g. SpeedCEM® / Ivoclar Vivadent</td>
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*These are recommendations only! Please observe the respective information of the manufacturers.
SURFACE TREATMENT

Preparation 4
Cementation 11
Surface treatment 15
SURFACE TREATMENT

Especially with monolithic restorations made of zirconia, it is important to polish the contact surfaces after processing in order to avoid possible abrasion on the opposite tooth. During the try-in of the restorations, the static and dynamic occlusion contacts are checked. If imperfections are subsequently reworked, grinding must be carried out with the correct abrasives. The new Polishing Dent Kit from Amann Girrbach is ideal for polishing zirconia in the patient’s mouth. The polishing heads are available in different shapes and grades for optimum high-gloss polishing and surface quality.

THE MOST IMPORTANT POINTS AT A GLANCE

- Processing of zirconia with a water-cooled turbine at the recommended speeds to avoid overheating
- Especially with monolithic restorations, the surface must be highly polished to avoid abrasion on the antagonist
- Studies confirm that polished contact points of monolithic zirconia restorations show hardly any abrasive effects on the antagonist in contrast to only glazed or veneered contact surfaces*
- Monolithic restorations must be checked in the patient’s mouth once a year, taking into account the remaining dentition, the antagonists and the soft tissue

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<td>Zolid Polishing Dent Kit</td>
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<tr>
<td>875551</td>
<td>Smoothing and pre-polishing/swivel</td>
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<tr>
<td>875552</td>
<td>High gloss polishing / swivel</td>
</tr>
<tr>
<td>875553</td>
<td>Abrasive</td>
</tr>
<tr>
<td>875554</td>
<td>Gloss polishing / flame</td>
</tr>
<tr>
<td>875555</td>
<td>High gloss polishing / flame</td>
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<tr>
<td>875556</td>
<td>Diamond</td>
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</tbody>
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* Source: Wear of zirconia ceramics and human enamel; Bogna Stawarczyk, Mutlu Özcan, Felix Schmutz, Albert Trottmann, Malgorzata Roos, Christoph H.F. Hämmerle
ZOLID POLISHING DENT-KIT FOR OPTIMUM HIGH-GLOSS POLISHING AND SURFACE QUALITY

1. GRINDING WITH DIAMOND OR GRINDING TOOLS

- Diamond for grinding zirconium oxide at speeds of 160,000 rpm
- Gridding tool for grinding zirconium oxide at speeds of 25,000 rpm

2. POLISHING WITH SWIVEL OR FLAME DIAMOND POLISHER

- Diamond polishers for smoothing and polishing at a speed of 10,000-12,000 rpm
- Diamond polishers for smoothing and polishing at a speed of 7,000-12,000 rpm

3. HIGH GLOSS POLISHING SWIVEL OR FLAME DIAMOND POLISHERS

- Diamond polishers for high gloss polishing with a speed of 10,000-12,000 rpm
- Diamond polishers for high gloss polishing with a speed of 7,000-12,000 rpm

More information in the video “Zolid Polishing Dent Kit – High-gloss polishing and surface finishing in the patient’s mouth”
The product offer can vary from country to country depending on the approval status.

AUSTRIA (HEADQUARTERS)
Amann Girrbach AG
Koblach, Austria
Fon +43 5523 62333-105
austria@amanngirrbach.com

GERMANY
Amann Girrbach GmbH
Pforzheim, Germany
Fon +49 7231 957-100
germany@amanngirrbach.com

NORTH AMERICA
Amann Girrbach North America, LP
Charlotte, NC, U.S.A.
Fon +1 704 837 1404
america@amanngirrbach.com

BRAZIL
Amann Girrbach Brasil LTDA
Curitiba, Brazil
Fon +55 41 3287 0897
brasil@amanngirrbach.com

ASIA
Amann Girrbach Asia PTE LTD.
Singapore, Asia
Fon +65 6992 5190
singapore@amanngirrbach.com

CHINA
Amann Girrbach China Co., Ltd.
Beijing, China
Fon +86 10 8886 6064
china@amanngirrbach.com